



Valley Pain Specialists, PC

Consultants in Acute and Chronic Pain Management

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NEWSLETTER



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Valley Pain Specialists Welcomes Teena Varghese, M.D.

Dr. Mortazavi and the VPS staff are pleased to welcome Dr. Teena Varghese to our team as our new Pain/Interventional Spine Fellow. In high school, Dr. Varghese was accepted into the Leadership in Medicine Program, a highly competitive joint medical program affiliated with Union College in Schenectady, NY and Albany Medical College. There she majored in Biology and Latin American Studies and completed a Bachelor of Science (Magna Cum Laude), a Masters of Science in Health Management and a Medical Degree in 2007.

Dr. Varghese then went on to complete her medical internship at both Cabrini Medical Center affiliated with Mt. Sinai Medical School in Manhattan and Westchester Medical Center affiliated with New York Medical College in Valhalla, NY. She subsequently completed her Physical Medicine and Rehabilitation (PM&R) Residency at Nassau University Medical Center in East Meadow, NY where she served as Chief Resident as well as Chairman of the Resident Council, a peer-elected committee. She also published a chapter on Bladder Dysfunction in

the Oxford Handbook of Physical Medicine and Rehabilitation (2010), in addition to other pending publications. She has also written and presented articles and posters at annual PM&R conferences.



Teena Varghese, M.D.

VPS provides a one-year Pain/Interventional Spine Fellowship that includes multiple aspects of acute and chronic pain, including anatomy, physiology, pharmacology, and interventional treatment. Steven Mortazavi, M.D. is the Fellowship Program Director.

For Information and Referrals:

(610) 954-9040

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